

## Decorating

- During the last two months of the year, about 200 people a day suffer decoration-related injuries.
- Most injuries are related to falling off ladders, stairs, furniture, rooftops and porches. The results are: fractures, concussions, and muscle pulls.



## Electric Shocks

- Thousands of people are treated each holiday season after sustaining an electric shock.
- Electric incidents are mostly caused by carelessness and misuse of the decorations and can be the cause of cardiac arrests and tissue and nerve damage among others.



## Fires

- Christmas trees and decorations account for almost 2,000 fires each year.
- Thousands of candle-related fires happen during the holidays, with Christmas and New Year's Day seeing most candle fires.
- The winter season also sees a rise in heating, cooking, and electrical fires.



8 most common

Holiday

SAFETY

HAZARDS

## Car Crashes

- Car crashes cause most injuries and fatalities during the holiday season.
- There are more drivers on the road.
- They are also stressed, rushed, and sometimes driving impaired.
- Fatigue and poor weather conditions can often be a factor.



## Food Poisoning

- Foodborne illnesses are most common around the holidays.
- Lack of hygiene while preparing or reheating food ruins numerous winter holidays each year.
- Storing cleaning products and chemicals near food or not using original containers can lead to accidental poisoning.
- Consuming leftovers that were not stored/refrigerated properly can cause illness.

## Guest Safety

- Visitors who are unfamiliar with your house layout are likely to trip and fall without proper lighting.
- Curious children may go through cabinets and people's things, often finding medicines and other substances that can be lethal.



## Back Injury

- Over 84,000 people were treated for injuries related to carrying luggage in 2015.
- Rushing and the frustration of the holiday season make people forget to use proper lifting techniques.



## Cuts and Burns

- Packaging-related injuries resulted in approximately 6,000 emergency-room visits in 2006. Excitement, rushing, complacency and fatigue can be dangerous when combined with sharp utensils.
- Numerous cuts, lacerations and burns are sustained while preparing holiday meals.

